



OUTDOOR LEARNING ENTITLEMENT

Nature is the vaccine for the mind



THE OUTDOOR LEARNING CENTRE

To give every child and young person on the Isle of Man an outdoor learning experience and to foster the understanding of the positive impact nature can have on their learning and health & wellbeing.



Department of Education, Sport and Culture
Rheynn Ynsee, Spoyrt as Cultoor



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WHY OUTDOOR LEARNING MATTERS



- Nature builds teamwork
- Fosters grit & resilience
- Boosts confidence



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DIGITAL BALANCE



"Live for hikes and bikes, not likes and swipes" Ben Fogle



Too much time indoors



Nature feeds the mind & body



Nature provides balance

ESSENTIAL CHILDHOOD EXPERIENCES

- Play, explore, problem-solve
- Get bored, face conflict, take risks
- Learn consequences & risk management

HEALTH CONNECTION

- Two biggest health protectors:

1. Clean water
2. Vaccination programmes

☞ For mental health: Nature is the vaccine

THE VACCINE OF NATURE



Outdoors reduces
stress & boosts
wellbeing



Children thrive
when learning
outside

HOW DO WE MAKE THIS HAPPEN?

- One organisation cannot do it alone
- Needs partnerships & collaboration
- OLC + MWT is just the start
- Goal: Every child, every year group





PARTNERSHIP

- The Outdoor Learning Centre + Manx Wildlife Trust
- Paving the way for outdoor learning entitlement
- All Year 5 pupils already engaged
- Programme: Laa Feie Manninagh – Manx Wild Day



Manx
Wildlife Trust
Treisht Bea-Feie
Vannin

LAA FEIE MANNINAGH 'MANX WILD DAY'



- Explore wild spaces
- Learn survival skills: fire, food, shelter
- Immerse in nature → deeper understanding of the world



CLOSING MESSAGE

- Outdoor Learning = Entitlement
- Builds resilience
- Fosters teamwork
- Balances technology
- Prepares children for life

"If clean water and vaccines protect the body...
outdoor learning protects the mind."

QUESTIONS

