



# I pledge to help Manx Wildlife

My pledge is to

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A big thank you from Manx Wildlife!

## Ideas for helping Manx Wildlife and tackling climate change

It might seem small to you but it's a step in the right direction, thank you!

- Walk to school at least twice a week
- Turn off the lights in any room you are not using
- Have a meat free meal a week
- Not to leave the tap running when cleaning teeth
- Recycle all the packaging from my lunch box by taking it to the recycling bins every week
- Reduce the amount of plastic bottles you use by filling up a water bottle everyday and taking it with you
- Sorting out and taking any unused toys to a charity shop monthly
- Create a compost bin for your garden and put any organic waste in it daily. An old dustbin with a lid is great to use and keeps away any long tails

If you are already doing some of these well done and keep on going!